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Education

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| 2008 - 2014 | Ankara University, Faculty of Medicine
Medical Education |
| 2014 - 2019 | Ankara University, Faculty of Medicine, Department of Psychiatry
Psychiatry Research Assistant |

Employment

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| 2019-2021 | Serik State Hospital, Psychiatry Specialist, M.D |
| 2021-2024 | Private Therapy Medical Centre, Psychiatry Specialist, M.D |
| 2021-
Professor | Antalya Bilim University, Department of Psychology, Assistant |

Research

Kuzu, M., Özer, İ. Ş., **Herdi, O.**, Tezcan, S., & Akbostancı, M. C. (2016). Switch from Immediate-release Pramipexole to Extended-release Pramipexole: The Safety and Efficacy Characteristics of Sixty-eight Patients. *Turkish Journal of Neurology*, 22(3), 114-116.

Herdi, O., Şahin, B. Ş., Barı, B., Boyvat, A., & Cankorur, V. Ş. C. Ş. (2018). BEHÇET HASTALARINDA DEPRESYON ANKSİYETE BELİRTİLERİ SIKLIĞI VE BEHÇET HASTALIĞI AKTİVİTESİ İLE İLİŞKİSİ. *Kriz Dergisi*, 26(2).

Baskak, N. S., Özateş, M. E., **Herdi, O.**, Sonel, E., Ulusan, A., & Baskak, B. (2019). The relation between functional anatomy of the face and threat perception evoked by facial expression of anger in schizophrenia. *Archives of Neuropsychiatry*, 56(1), 7.

Herdi, O., & Cankorur, V. Ş. (2018). Behçet hastalığı olanlarda uyku kalitesinin ve uyku kalitesi ile hastalık aktivitesi arasındaki ilişkinin değerlendirilmesi. *Kriz Dergisi*, 26(3), 1-1.

Özateş, M. E., Taş, G., **Herdi, O.**, Tuncal, T., & Çetinkaya, B. Ö. BİR ÜNİVERSİTE HASTANESİ ERGEN POLİKLİNİĞİNDE OBSESİF KOMPULSİF BOZUKLUKTA EŞ TANILAR VE İNTİHAR DAVRANIŞI. *Kriz Dergisi*, 26(2).

Duman, B., **Herdi, O.**, Kirimker, E. O., Colak, B., Kologlu, M. B., Karayalcın, M. K., ... & Kumbasar, H. (2019). The association between tacrolimus blood levels and possible neurotoxicity following liver transplantationn.

Herdi, O., Akaslan, D. S., Ertan, E. A., Alptekin, G., & Cankorur, V. Ş. (2019). DİNAMİK YÖNELİMİ ETKİLEŞİM GRUP PSİKOTERAPİSİNDE İYİLEŞMENİN BEİR CÜMLE TAMAMLAMA TESTİ İLE DEĞERLENDİRİLMESİ. *Kriz Dergisi*, 27(3), 101-113.

- Herdi, O.**, Sayar-Akaslan, D., İlhan, R. S., Çolak, B., & Duman, B. (2020). Associations between subclinical inflammatory markers and OCD: a retrospective study. *Psychiatry Research*, 290, 113065.
- Duman, B., **Herdi, O.**, Sayar-Akaslan, D., Kırımkıran, E. O., Çolak, B., Ağtaş-Ertan, E., ... & Iacoviello, B. M. (2020). Live Donor Assessment Tool (LDAT): a Turkish validity and reliability study. *The Turkish Journal of Gastroenterology*, 31(12), 917.
- Duman, B., **Herdi, O.**, İlhan, R. S., & Colak, B. (2020). COVID-19 pandemic associated misinterpretation of somatic sensations: a model for mind-body interaction. *Archives of Neuropsychiatry*, 57(3), 169.
- Colak, B., Duman, B., **Herdi, O.**, İlhan, R. S., & Sakarya, D. (2021). Misophonic symptoms in non-psychotic psychiatric outpatients and its association with trait psychological variables. *Journal of Obsessive-Compulsive and Related Disorders*, 29, 100644.
- Herdi, O.**, & Berksun, O. (2021). Insight and psychotic experiences in patients with non-psychotic depression. *KLİNİK PSİKIYATRİ DERGİSİ-TURKISH JOURNAL OF CLINICAL PSYCHIATRY*, 24(3).
- Herdi, O.**, & Şentürk, V. BEYAZ CEVHER HİPERİNTENSİTELERİ VE DEPRESYONA EŞLİK EDEN SOMATİK BELİRTİLERİN İLİŞKİSİ. *Kriz Dergisi*, 28(1), 1-8.
- Yumru, M., **Herdi, O.**, The death decree of a scientific paper: Retraction (tur, eng). *TURKISH JOURNAL CLINICAL PSYCHIATRY*, 25(2), 136-139.
- Herdi, O.** Yeni ruhsal hastalıkları aşırı mı üretiyoruz yoksa bir şeyleri gözden mi kaçırıyoruz: Tanı kılavuzlarında yer almayan tanılar. *KLİNİK PSİKIYATRİ DERGİSİ*, 25(3), 240-243.
- Herdi, O.** (2023). A new defence mechanism in the modern world: flowing. *Psychodynamic Practice*, 29(2), 154-158.
- Avcil, C., & **Herdi, O.** (2023). An unguided computerized cognitive behavioral therapy program for test anxiety. *Journal of Cognitive Behavioral Psychotherapies and Research*, 12(3), 231.
- Herdi, O.**, Yumru, M., (2023). Contemporary mass media tools and ethical consideration in mental health services. *Contemporary mass media tools and ethical consideration in mental health services*, 26, 82.
- Ozer, I. S., Bayram, E., **Herdi, O.**, & Sener, H. O. (2024). Daytime impulsiveness, attention, and learning in the restless legs syndrome. *Neurological Sciences*, 45(2), 639-645.
- Herdi, O.** A combination of fluoxetine and olanzapine for the treatment of an adolescent with severe misophonia.
- Books**
- Herdi, O.** (2022). Mizofoni: bazı seslerden tiksiniyorum. Nobel Publishing.
- Herdi, O.**, Duman B., (2024). Psikolojik Stres ve İmmün Sistem, Bölüm 14: İmmün Sistem ve Hastalıkları, İç Hastalıklar 4. Baskı (Ed. İliçin, Biberoğlu, Süleymanlar, Ünal), Güneş Publishing

Training, Certificates & Awards

Elementary Existential Analysis Training, 2020-2022, Existential Academy of Istanbul

Existential Therapy Formation Program, 2022- , Existential Academy of Istanbul

Existential Supervision Education, 2024- , Existential Academy of Istanbul

Sex Therapy Module 1 and 2, CETAD

Brief Emergency Psychotherapy, Ankara University Department of Psychiatry

Memberships

Turkish Psychiatry Association

Existential Academy of Istanbul,

Research Interests

Existential therapy, insight, psychosis-like experiences, misophonia, psychodynamic psychotherapy, defence mechanisms, object relations.