

ECTS COURSE DESCRIPTION FORM

PART I (Senate Approval)

Offering School	Antalya Bilim University			Offering Department	Physical Therapy and Rehabilitation		
Program(s) Offered to	Physical Therapy and Rehabilitation	<input type="checkbox"/>			<input type="checkbox"/>		
		<input type="checkbox"/>			<input type="checkbox"/>		
		<input type="checkbox"/>			<input type="checkbox"/>		
Course Name	Sports Rehabilitation			Course Code	FTR 334		
Level of Course	Undergraduate			Type of Course	Theoric, Pratical		
Language of Instruction	Turkish			ECTS Credits	3		
Hours per Week	Lecture:	2	Practical:	1	Studio:		
	Laboratory:		Recitation:		Other:		
Pre-requisites	None			Co-requisites	None		
Registration Restriction	None			Grading Mode	Letter Grade		
Educational Objective	Describing sports physiotherapy, physical fitness test batteries for different groups, sports injuries and soft tissue injuries healing process, comprehending measurement and evaluation techniques in sports and sports injuries and also basic principles related to the treatment techniques and reflecting these comprehensions to the applications, development of clinical problem solving after sport injuries in sports physiotherapy area and providing athletes to safely return to the sport activities.						
Course Description	Description of sports physiotherapy, comprehension of the importance of children and sport, women and sport, and disabled sports. Comprehension of the training knowledge, sports psychology, sports nutrition. Description of the physical fitness and test batteries in different groups. Description of the sport injuries and their healing processes. Measurement, evaluation and treatment applications in sport injuries and athletes, application of clinical decision making process and return to sport.						
Learning Outcomes	LO1	Describes sports physiotherapy, importance of measurement and evaluation in sports, principles of sports physiotherapy, physical fitness and physical fitness test batteries for athletes, adults, disabled people and children. Comprehends children and sport, women and sport.					
	LO2	Describes training knowledge and sport psychology and explains the relationship between sports nutrition.					
	LO3	Makes the classification of the sport branches, describes soft tissue injuries and healing process in athletes.					
	LO4	Describes the first aid and preliminary treatment in sports injuries.					
	LO5	Comprehends and applies current measurement and evaluation techniques in sports injuries, comprehends accurate treatment principles in sport injuries.					
	LO6	Describes injuries in athletes, evaluates and uses data evaluations in clinical decision making process, synthesizes and prepares the accurate treatment program.					
	LO7						

PART II (Faculty Board Approval)

		Program Outcomes							
		LO1	LO2	LO3	LO4	LO5	LO6	LO7	
Basic Outcomes (University-wide)	PO1	Ability to communicate effectively and write and present a report in Turkish and English.							
	PO2	Ability to work individually, and in intra-disciplinary and multi-disciplinary teams.	✓	✓	✓	✓	✓	✓	
	PO3	Recognition of the need for life-long learning and ability to access information, follow developments in science and technology, and continually reinvent oneself.	✓	✓	✓	✓	✓	✓	
	PO4	Knowledge of project management, risk management, innovation and change management, entrepreneurship, and sustainable development.							
	PO5	Awareness of sectors and ability to prepare a business plan.							
	PO6	Understanding of professional and ethical responsibility and demonstrating ethical behavior.							
Faculty Specific Outcomes	PO7	Having universal thoughts and values							
	PO8	To be committed to academic and ethical values	✓	✓	✓	✓	✓	✓	
	PO9	To provide qualified education, research and consultancy services at universal information and technology standards	✓	✓	✓	✓	✓	✓	
	PO10	To be open to new goals, strategies and action plans that will take undergraduate and graduate education / training programs and scientific studies further	✓	✓	✓	✓	✓	✓	
	PO11	To support, maintain and increase interdisciplinary / multidisciplinary studies in the services provided.							
	PO12	To contribute and develop health policies for the benefit of the country.	✓	✓		✓	✓	✓	
	PO13	Explains the theoretical knowledge about basic medicine and clinical sciences with the main lines and relates them to physiotherapy.			✓		✓	✓	
	PO14	Applies Physiotherapy and Rehabilitation assessment methods, analyzes and interprets theoretical knowledge by associating	✓		✓	✓	✓	✓	
	PO15	Plans and implements the individual physiotherapy and rehabilitation program	✓				✓	✓	

Program Specific Outcomes	PO16	Records and archives assessment and treatment data	✓				✓	✓	
	PO17	Plans, conducts and presents a scientific research	✓	✓			✓	✓	
	PO18	Has effective communication skills	✓	✓			✓	✓	
	PO19	Defines professional duties and responsibilities legally and applies them within the framework of ethical principles.	✓		✓	✓	✓	✓	
	PO20	Has lifelong learning skills related to the profession	✓	✓	✓	✓	✓	✓	
	PO21	Can use foreign language effectively to follow professional developments							
	PO22	Knows and applies quality, occupational health and safety issues related to the profession				✓			

PART III (Department Board Approval)

Subject	Week	Details of Course Contents	LO1	LO2	LO3	LO4	LO5	LO6	LO7
			S1	1	Sports phsiotherapy, measurement and evaluation techniques in sports	A1/A4	A1/A4	A1/A4	A1/A4
S2	2	Description of physical fitness, physical fitness tests for athletes, adults, and children.	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	
S3	3	Women and sport; Children and sports.	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	
S4	4	Soft tissue injuries in athletes and healing process	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	
S5	5	First aid and preliminary treatment in sports injuries	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	
S6	6	Treatment principles in sports injuries and accurate treatment	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	
S7	7	Upper extremity injuries in athletes and planning physiotherapy and rehabilitation programs	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	
S8	8	Midterm Exam Week	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	
S9	9	Upper extremity injuries in athletes and planning physiotherapy and rehabilitation programs	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	
S10	10	Lower extremity injuries in athletes and planning physiotherapy and rehabilitation programs	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	
S11	11	Lower extremity injuries in athletes and planning physiotherapy and rehabilitation programs	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	
S12	12	Orthosis and taping in sports	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	
S13	13	Disabled sports; Training knowledge and sports psychology; Sports nutrition	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	
S14	14	Criteria for return to sport activities after sports injuries, organizing and applying functional rehabilitation program-student presentations	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	A1/A4	

No	Type	Weight	Implementation Rule	Make-Up Rule
A1	Exam-Final Jury,Final Project	60%	One final exam is applied. Exam dates are announced by the faculty.	ABU's relevant regulation is applied.
A2	Quiz			
A3	Homework			
A4	Midterm	40%	1 midterm exam (visa) is applied. Exam dates are announced by the faculty	ABU's relevant regulation is applied.
A5	Project			
A6	Presentation			
A7	Attendance/Interaction			
A8	Field Work			
A9	Others			
TOTAL		100%		

Evidence of Achievement of Learning Outcomes At least one question from each subject is asked during the exams. A weighted average is calculated for each student based on the percentage of each assessment method. Students are required to collect a minimum score over 100, which is announced by the instructor, to pass the course. This score is determined based on class average.

Direct Conversion System ("DDS" in the regulation.) Relative Evaluation ("BDS" in the regulation.)
A different method/system, not listed above, determined by the Faculty Member / Instructor (This method is explained below)

Success Grade Range	Letter Success Note	Success Coefficient	Success Assessment
95-100	A+	4,00	Successful
85-94	A	4,00	Successful
80-84	A-	3,70	Successful
75-79	B+	3,30	Successful
65-74	B	3,00	Successful
60-64	B-	2,70	Successful
55-59	C+	2,30	Successful
50-54	C	2,00	Successful
45-49	C-	1,70	Passes
40-44	D+	1,30	Unsuccessful
35-39	D	1,00	Unsuccessful
30-34	D-	0,70	Unsuccessful
25-29	F	0	Unsuccessful

No	Method	Explanation	Total Hours
Time expected to be allocated by instructor			
1	Lecture	Lesson topics are explained by writing on the board or with a computer presentation. Sample questions are solved during the lesson.	28
2	Interactive Lecture		
3	Recitation		
4	Laboratory		
5	Practical	It includes lectures made by showing with applications.	14
6	Field Work		
Time expected to be allocated by student			
7	Project		
8	Homework		
9	Pre-class Learning of Course Material	New topics are learned before being taught in the classroom.	25
10	Review of Course Material	Topics are repeated to prepare for exams and assignments.	15
11	Studio		
12	Office Hour		
Calculated ECTS Credit(s)		Max.	3
		Min.	2
		Grand Total	82

Teaching Methods,
Student Work Load

IV. PART

Instructor	Name Surname	
	E-mail	
	Phone Number	
	Office Number	
	Office Hours	
Course Materials	Mandatory	
	Recommended	<p>Danaclı G., Tunay D.V., Deşici A., Ergün N. Spor Yaralanmalarında Egzersiz Tedavisi, 2. Baskı, Alp Yayıncılık, 2006.</p> <p>2.Basım, Pelin Ofset Yayıncılık, 2006.</p> <p>Verlag, Berlin, Heidelberg, NY, 2001.</p> <p>Prescription, 7th Edt, Lippincott Williams&Wilkins, 2006.</p>
	Scholastic Honesty	<p>Violations of scholastic honesty include, but are not limited to cheating, plagiarizing, fabricating information or citations, facilitating acts of dishonesty by others, having unauthorized possession of examinations, submitting work of another person or work previously used without informing the instructor, or tampering with the academic work of other students. Any for of scholastic dishonesty is a serious academic violation and will result in a disciplinary action. It is explained in Article 25 of the Directive on Associate and Undergraduate Programs of Antalya Bilim University.</p>
	Students with Disabilities	<p>Reasonable accommodations will be made for students with verifiable disabilities.</p>
Other	Safety Issues	<p>The course does not require any special security measures.</p>
	Flexibility	<p>Circumstances may arise during the course that prevents the instructor from fulfilling each and every component of this syllabus; therefore, the syllabus is subject to change. Students will be notified prior to any changes.</p>

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